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# Properties Enhancement of Brewer Rice Flour Biodegradable Films via Ultrasonication and Acetylation Treatments

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**Abstract.** Increasing the use of conventional plastics causes environmental problems. Producing biodegradable films from biodegradable sources might help overcome these problems. Brewer rice, a by-product in rice processing, can be potentially converted into rice flour for biodegradable film production. Ultrasonic and chemical modification can enhance the mechanical properties of the rice flour biodegradable film. This study aims to produce a biodegradable film using rice flour with different levels of amylose through conventional and ultrasonic acetylation. The rice flour was mixed and diluted with distilled water and placed in an ultrasonic bath for 15 minutes at 40 kHz agitation. The mixture was then acetylated using acetic acid. The modified rice flour was then mixed with glycerol and dried to form a biodegradable film. The produced biodegradable films were then characterized for their morphological structure, chemical composition, and crystallinity properties. Results show that ultrasonication and acetylation enhanced the elongation at the break until 2.5 times higher than the conventional process (without modification) and improved hydrophobicity. These results suggest that ultrasonication and acetylation improved biodegradable film properties, making it a potential for biodegradable packaging materials and coatings.

*Keywords:* Acetylation; Amylose; Biodegradable film; Rice flour; Ultrasonication

## **1. Introduction**

Plastics are widely used in various human products. However, conventional plastics produced from petroleum are difficult to degrade (Marichelvam, Jawaid, and Asim, 2019). Plastic waste harms the environment and human health, among other issues (Judawisastra *et al.*, 2018). Producing biodegradable film from starch can potentially overcome the problem of non-degradable plastics (Tanjung *et al.,* 2023; Hasan *et al.,* 2020; Jiang *et al.,* 2020; Haider *et al.,* 2019; Chinaglia *et al.,* 2018). However, using starch leads to new problems, such as the competition between its use as a food product and higher preparation costs (Wellenreuther, Wolf, and Zander, 2022). Therefore, it is important to find the raw materials for the biodegradable film that do not compete with the application as the food materials with the low preparation cost.

Rice flour contains  $\sim$  78% starch, non-starch polysaccharides, sugar, protein, fat, and inorganic materials (Majzoobi *et al.*, 2015). Previous studies show that using rice starch as a biodegradable film has disadvantages in low water resistance due to its hydrophilic

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nature and low elasticity (Alcázar-alay, Angela, and Meireles, 2015; Wang and Shi, 2013). Most studies reported that starch as the main ingredient could increase interest in flour as a raw material for film production (Pelissari *et al.*, 2013). On the other hand, flour is a cheap material because it comes from brewer's rice. It is easier to find than pure materials, such as starch or proteins (Majzoobi *et al.*, 2015). The application of rice flour as the raw material of the biodegradable film can be an option to overcome the problem of competition materials for food and reduce the production cost since the cheaper materials.

Several studies have investigated rice starch modification to enhance its physical properties using physical and chemical methods (Imani *et al.*, 2022; Marichelvam, Jawaid, and Asim, 2019). Heat, a physical method, can reduce the size of the starch granules. However, there is no further study regarding the quantity of heat energy consumption in this process (Alcázar-alay, Angela, and Meireles, 2015). Other physical modifications include vacuum, ultrasonic, and microwave processes (Zia-ud-Din, Xiong, and Fei, 2017). The frequency, temperature, and time are usually varied in the modification using ultrasonic exposure. The modification makes the granule surface porous (Zhu, 2015; Zuo *et al.*, 2012).

Chemical modification methods such as acetylation can improve the lack of native rice starch by converting the hydrophilic hydroxyl groups into hydrophobic acetyl groups (Yang *et al.*, 2018; Chi *et al*., 2008). The hydroxyl moieties react with the acetyl group through an esterification pathway to form acetates in the presence of a free proton (H+) (Liu *et al.,* 2022). Additionally, acetylation in cassava starch successfully enhances the elongation at break up to 1.5 times more than native cassava starch film (Schmidt *et al.*, 2019). However, the reaction time can be longer in acetylation. The reaction was carried out at 50°C for 3 hours (Chi *et al.*, 2008) to produce a 0.8 DS. The DS can be increased by increasing reaction time, reaction temperature, reactant concentration, presence of a catalyst, and pH (Ačkar *et al.*, 2015; Kumoro and Amalia, 2015; Chi *et al.*, 2008). However, the increasing reaction temperature increases running production costs for energy. So, the innovation research on accelerating the reaction time is crucial.

The combination of ultrasonication and acetylation in *Dioscorea zingiberensis* starch increased the starch particle's surface area to enhance the reaction efficiency (Zhang *et al.*, 2012). However, based on the literature study, it is hard to find the application of these combination methods in biodegradable film production. The ultrasonication and acetylation can provide synergistic effects that improve the properties of the biodegradable film. This research aimed to produce a biodegradable film using different amylose levels of rice flour through physical and chemical modifications, ultrasonication, and acetylation. The different amylose levels of rice flour will result in the different properties of the biodegradable film produced in this study. Amylose is a linear molecule of glucose units linked with  $\alpha$ -(1  $\rightarrow$  4) bonds (Luo *et al.,* 2021; Tao *et al.,* 2019). Pure amylose has shown strong cohesive energy density due to intermolecular hydrogen bonding along polymer chains that form brittle properties of the film (Muscat *et al.*, 2012). In other words, the properties of the biodegradable film can be controlled by maintaining the amylose composition in the raw materials. The mechanical properties, microstructure, and hydrophobicity of the modified biodegradable film were evaluated and compared with native rice flour to determine the effectiveness of the modification process.

#### **2. Materials and Methods**

#### *2.1. Materials*

This study used the two kinds of commercial rice flour produced by Budi Starch & Sweetener Ltd. (Subang, Indonesia). The products, rice flour, and glutinous rice flour,

contained amylose of about 22.68%  $\pm$  0.03 and 8.84%  $\pm$  0.04, respectively. All chemicals used in experiments were of analytical grade. Glacial acetic acid and acetic anhydride were purchased from Merck (Darmstadt, Germany). Glycerol was used as the plasticizer and was purchased from Brataco Ltd. (Surabaya, Indonesia).

### *2.2. Methods*

In this study, biodegradable film production consists of three main steps: (1) physical modification using ultrasonication, (2) chemical modification using acetylation, and (3) biodegradable film casting. Figure 1 depicts the schematic process flow of biodegradable film production.



**Figure 1** The scheme of biofilm production

## 2.2.1. Physical modification using ultrasonic

Rice flour (30 wt%) was mixed with distilled water and agitated for 10 min. The slurry was then placed in an ultrasonic chamber (BUC 65L, B-One Ultrasonic Cleaner, China). The ultrasonic frequency was 40 kHz (15 min). Table 1 lists the experimental ultrasonication and acetylation time. At the end of the sonication process, the suspension was cooled to room temperature. After that, it was filtered by a vacuum filtration process using a Buchner funnel connected to a filtering flask with a side tube connected to a vacuum pump. Upon completing the filtration process, the filtrates were dried in an electric oven at 40°C for 48 h. The dry powder was then sieved using an 80-mesh sieve and stored in an air-tight container.



### **Table 1** Process variables values

### 2.2.2. Chemical modification using acetylation

The acetylation treatment referred to the previous method by Zhang *et al.*(2012). After the ultrasonic treatment, 10 g of the dried ultrasonicated flour was mixed with glacial acetic acid (10 mL). The suspension was placed in a three-neck flask under agitation for 2 minutes. Subsequently, the acetic anhydride (30.0 mL) was added. The reaction was performed at 50°C for 90 min (Table 1). The mixture was then neutralized using distilled water. The filtering and drying processes were the same as the described process in the ultrasonic treatment section.

### 2.2.3. Biodegradable film casting

The glycerol was used in this study as the plasticizer. The concentration of glycerol was 3 wt% of the total solution. 10 g of rice flour (after ultrasonication and acetylation treatment), glycerol, and 100 ml of distilled water were mixed and stirred for 10 min. Then the mixture was heated at 60°C with continuous stirring for 10 min. The product was uniformly cast on a Petri dish. This cast film was then dried in the dehydrator (ARD-PM99, Maksindo, Indonesia) at 50°C for 8 h, resulting in the final biodegradable film product. For comparison, the biodegradable films produced from the native form of medium amylose and low amylose were coded as NM and NL, respectively (Table 1).

## *2.3. Characterization of biodegradable film*

### 2.3.1. Morphology

The morphological structures of the produced biodegradable films were observed using a scanning electron microscope (SEM) (JEOL JSM-6510LA). The biodegradable films were scanned at 1500× magnifications.

### 2.3.2. Fourier transform infrared (FTIR)

The chemical functional groups of the biodegradable films were evaluated using FTIR spectra recorded by Frontier spectrometer (PerkinElmer, America). The wavenumber ranged from 4000 to 450 cm−1.

### 2.3.3. X-ray diffraction (XRD)

XRD patterns of the biodegradable film were recorded using an X-Ray Diffraction device (Shimadzu XRD-700, Japan). The diffraction signals were observed at 2θ from 10° to 90°. The instrument was operated with nickel-filtered Cu and K radiation at a voltage of 30 kV and a current of 30 mA.

### 2.3.4. Mechanical properties

A texture analyzer (UTS H001, China) measured the biodegradable film's mechanical properties (tensile strength and elongation at break). The biodegradable film was prepared in the standard dimension (4 cm  $\times$  2 cm) for the analysis. The analysis was conducted at a crosshead speed of 20 mm/min, and each sample measured the rice.

### 2.3.5. Water contact angle measurement

The contact angle, the angle between the biodegradable film surface and liquid drop, determine the nature of the surface and hydrophilicity of the biodegradable film. The contact angle was examined using an anglemeter (RACE anglemeter, Japan).

## **3. Results and Discussion**

### *3.1. Rice flour biodegradable film morphology*

The morphological changes in the native and modified biodegradable film are shown in Figure 2A-F. In Figure 2A, the NM biodegradable film showed a crack because of internal stress. During the drying process of NM biodegradable film, the internal stress enhanced significantly, exceeding the material's strength and cracking the biodegradable film surface

(Jin *et al.*, 2013). The cracked surface in NM biodegradable film indicated the lack of mechanical properties. In Figure 2D, the NL biodegradable film only showed some nodules, indicating the mechanical properties were better than the NM biodegradable film.

The MA and LA biodegradable films showed a better surface than the native biodegradable film; however, they comprise some nodules (Figure 2B and 2E). The insoluble materials were found in the SEM image of biodegradable film (Prasetyaningrum *et al.*, 2021). After the acetylation process, the acetyl group was linked to starch molecules, which increased the hydrophobicity and decreased water solubility (Colussi *et al.*, 2015). Because of the lower solubility, some materials could not be dissolved, and they appear as nodules in the biodegradable film surface. Additionally, more nodules appeared in the low amylose biodegradable film than in the medium amylose biodegradable film. The lowamylose biodegradable film contains higher amylopectin. The amylopectin had lower solubility and resulted in the nodules in the SEM image (Cuevas, Gilbert, and Fitzgerald, 2010).



**Figure 2** Surface scanning electron microscope (SEM) photograph of biofilm at 1500× magnifications (A) NM, (B) MA, (C) MU15A, (D) NL, (E) LA, (F) LU15A

In Figure 2B, 2C, 2E, and 2F, the surface of MA, MU15A, LA, and LU15A biodegradable films consisted of multiple layers, which may be attributed to the lower bound moisture. Acetylation converted the hydroxyl groups in starch molecules into acetyl groups (Ačkar *et al.*, 2015). After the acetylation process, the drying process was the next step in biodegradable film production. In lower hydroxyl groups or the lower bound water, the surface moisture evaporation becomes dominant, resulting in the multilayer surface. Additionally, the ultrasonication on starch formed new pores that increased the surface area of the reaction and enhanced the acetylation reaction efficiency (Zhu, 2015; Zuo *et al.*, 2012). If the degree of acetylation increases, the covalent bonding between starch molecules and the acetyl group strengthens. Therefore, the prepared biodegradable film (MU15A and LU15A) showed the best surface morphology, with higher smoothness and fewer nodules, with less cracking, indicating the enhancement of mechanical properties (see Figures 2C and 2F).

#### *3.2. Fourier transform infrared (FTIR) of biodegradable film*

Figure 3A-F shows the FTIR spectra of native and acetylated rice flour biodegradable film. Both NM and NL displayed the O-H peak at 3200 cm−1, indicating the hydrophilicity of the biodegradable film. This O-H peak decreased after the ultrasonication and acetylation process (MU15A and LU15A biodegradable film), resulting in the lowest O-H peak (Figure 3C and Figure 3F). The acetylation process was categorized as an addition/elimination reaction (Wojeicchowski *et al.*, 2018). The hydroxyl groups in starch molecules were converted into an acetyl group in acetylation (Figure 4). Therefore, the O-H peak decreased, resulting in a new peak at 1750 cm−<sup>1</sup> corresponding to the acetylated starch. From Figure 3, the low amylose biodegradable film displayed higher peak changes than medium amylose, attributed to the conversion of a hydroxyl group to the acetyl group. The low amylose biodegradable film promotes a spacious surface area for acetylation.



**Figure 3** FTIR spectra of (A) NM, (B) MA, (C) MU15A, (D) NL, (E) LA, (F) LU15A at a frequency of 450–4000 cm-1





#### *3.3. X-ray diffraction (XRD) of biodegradable film*

XRD analysis was conducted to observe the crystallinity of native and modified rice flour biodegradable film at 2θ range of 10°-90°. Based on the XRD analysis displayed in Figure 5A-F, the results indicated the typical A-type crystalline peaks at 2θ of 15°, 17°, 18°, and 23° (Dome *et al.*, 2020). The value of the crystallinity index ranged from 43.3% to 35.3%. After the acetylation process, the crystallinity index was lower. Acetylation reduced the intermolecular hydrogen bonding in starch molecules responsible for the crystalline structure of starch (Zhang *et al.*, 2012), indicating that the film became more amorphous.

The lowest crystallinity index was observed in the ultrasonicated and acetylated biodegradable film, which is attributed to the reduced hydrogen bonding. These findings are comparable with several biodegradable film production studies from *Dioscorea zingiberensis* (Zhang *et al.*, 2012) and barley (Halal *et al.*, 2015).



**Figure 5** The X-ray diffraction (XRD) pattern of (A) NM, (B) MA, (C) MU15A, (D) NL, (E) LA, (F) LU15A

#### *3.4. Biodegradable film mechanical properties evaluation*

The tensile strength analysis evaluates biodegradable film's performance as a packaging material. Tensile strength is the maximum stress of biodegradable film before breaking (Marichelvam, Jawaid, and Asim, 2019). In this study, the biodegradable film was produced using two types of rice flour, low and medium amylose. The effect of ultrasonication and acetylation on the tensile strength of rice flour biodegradable film was evaluated, as depicted in Figure 6A. This result showed that the tensile strength value in native rice flour biodegradable film was 7.65 MPa for medium amylose and 6.35 MPa for low amylose. The tensile strength of medium amylose film is higher than that of low amylose film could be due to the linear structure of amylose to promotes more extensive hydrogen bonds between their polymer chains (Muscat *et al.*, 2012). After the ultrasonication and acetylation process, the tensile strength decreased up to 1.3-1.6 times. This phenomenon was in line with XRD analysis, which showed that the crystallinity index decreased after the modification, implying that the crystalline phase converted into an amorphous phase. The tensile strength was linear with the crystalline phase (Ebnesajjad, 2000). As a result, the tensile strength was decreased after the ultrasonication and acetylation process.

Figure 6B showed that elongation values at the break in native rice flour biodegradable film were 18.5% for medium amylose and 29.5% for low amylose. Films with lower amylose content exhibited better flexibility and underwent fracture at a slower pace. This might be due to the fact that amylose (in medium amylose rice flour) forms stiff strands network that makes fracture mechanism of rapid brittle fracture. While amylopectin is a branched molecule of glucose polymer (Muscat *et al.*, 2012).

Additionally, the values of elongation at break of both native rice flour biodegradable films were lower than that of modified rice flour biodegradable film. The low elongation value means the lack of biodegradable film performance (Xu *et al.*, 2021). Further, these results were confirmed with SEM characterization, where the NM displayed cracking in the biodegradable film surface. The brittle characteristic improves with acetylation. In this study, the ultrasonication and acetylation process can enhance the elongation at break up to 2.5 times. The increased elongation at the break after the acetylation process was supported by the XRD analysis, which showed decreased crystalline intensity. It implied that the crystalline phase was converted into an amorphous phase. The crystalline phase is linear with stiffness, whereas the amorphous phase is linear with elongation at break (Ebnesajjad, 2000).



**Figure 6** Mechanical properties of native and modified rice flour biofilm (A) tensile strength, (B) elongation at break

#### *3.5. Biodegradable film hydrophilicity through contact angle value*

The starch-based biodegradable films are hydrophilic polymers with several hydrophilic hydroxyl groups. Thus, hydrophilic polymers were easily dissolved in water (Zuo *et al.*, 2019). The hydrophilicity of biodegradable film can be determined using contact angle analysis. The contact angle in NL and NM biodegradable film was <90°, which is hydrophilic (Figure 7). In this study, the ultrasonication and acetylation decreased the hydrophilicity of the native rice flour biodegradable film.



**Figure 7** Contact angle of native and modified rice flour biofilm

After ultrasonication and acetylation, the contact angle was 1.3 times higher than native rice flour biodegradable film. Moreover, after those modifications, the contact angle was higher than 90° and resulted in the hydrophobic film. The ultrasonication and acetylation converted the hydrophilic hydroxyl groups into hydrophobic ester groups (Chi *et al.*, 2008). Furthermore, compared to the level of amylose, the modified low-amylose rice flour biodegradable film had the highest contact angle value and was the most hydrophobic biodegradable film. In the modified low-amylose rice flour biodegradable film, the acetylation reaction was more effective because of a higher surface reaction. The ultrasonication forms new starch granule pores that enhance the reaction efficiency (Zhu, 2015; Zuo *et al.*, 2012).

#### *3.6. Comparison with other rice flour or starch-based biodegradable film production*

The biodegradable film obtained from this study has recently been characterized. The modified low amylose rice flour biodegradable film (LU15A) resulted in the biodegradable film with higher tensile strength and elongation at break than that of the other biodegradable films preparation such as by a combination of rice starch and corn starch (Marichelvam, Jawaid, Asim, 2019) and heat moisture treatment of rice flour (Majzoobi *et al.*, 2015). The combination of ultrasonication and acetylation performed in this study can enhance the mechanical properties of the biodegradable film.

#### **4. Conclusions**

The medium and low amylose rice flour biodegradable film was produced in this study. The ultrasonication and acetylation decreased the biodegradable film's tensile strength. However, it improved the mechanical properties of biodegradable films, such as higher elongation at break and higher contact angle value. The higher elongation at break was also proven by XRD analysis. The increasing value of the contact angle indicated that the hydrophobicity of the modified biodegradable film increased, which was revealed by the acetyl peak. The low-amylose rice flour had better mechanical properties due to the efficiency of the acetylation reaction. The effect of ultrasonication was dominant in enhancing the acetylation reaction by forming new pores and a larger surface area. Thus, the combined ultrasonication and acetylation process on native rice flour resulted in a mechanically improved biodegradable film for packaging materials and coatings.

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